

Family Camp 2019



Sunday

Supper

Haystacks
Fresh Pinto Beans
Tortilla & Corn
Chips
Lettuce, onion,
Olives, Chees,
Sour cream,
Salsa, tomatoes,
Jalapeno, guacamole
Brownies
Bread & spreads
Apples/Oranges

Supper

Baked Potato Bar
Chili
Nacho Cheese
Brown Gravy
Broccoli
Green Onion
Baco bits, Cheese
Cottage Cheese
Ranch, Peas
Curly Fries
Salad Bar
Apple Turnovers

Breads & Spreads
Apples/Oranges

Supper

Taco Tuesday
Flour Tortillas
Tostadas
Taco "meat"
Beans/Rice
Lettuce/Cheese
Tomatoes/Onions
Olives/Sour Cream
Salsa/Jalapenos
Salad Bar
Strawberry Ice-
cream Pie
Breads & Spreads
Apples/Oranges

Supper

Hot Dogs, Chili
Corn on the Cob
Nachos
Potato Salad
Watermelon
Popcorn
Cotton Candy
Snow Cones
Breads & Spreads
Apples/Oranges



Supper

Pizzas
Cheese, Pesto,
Chicken Ranch,
Combo, Olive,
Pineapple, Vegan

Italian Salad Bar
Churros
Breads & Spreads
Apples/Oranges



Supper

Minestrone Soup
Potato Soup
Cornbread
Apple Butter
Sprouted Wheat
Bread
FriChik Spread
Egg Salad
Sandwich Fixings
Cottage Cheese
Pineapple
Frozen Fruit Salad
Breads & Spreads
Apples/Oranges

Supper

Grillers
Chicken Patties
Buns
Chips
Baked Beans
Tomato & Cuc Salad
Burger Fixings
Fries
Carrots/Celery
Watermelon
Root Beer Floats
Breads & Spreads
Apples/Oranges

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Family Camp 2019	Breakfast French toast Orange Glaze Blueberry Sauce Country Scramble Tofu Scramble Peaches Strawberries Banana/Grapefruit Pineapple Cran-Orange Muffins Granola & Cereals Breads & Spreads	Breakfast Scrambled Eggs Triangle Taters Breakfast Links Tofu Scramble Pears Peaches Banana/Grapefruit Cantaloupe Blueberry Cake Granola & Cereals Breads & Spreads	Breakfast Biscuits and Gravy Hash browns Boiled Eggs Tofu Scramble 7 grain Cereal Apricots Raspberries Banana/Grapefruit Honeydew Sticky Bran Muffin Granola & Cereals Breads & Spreads	Breakfast Breakfast Burritos Scrambled Eggs Batter Bites Tofu Scramble Burrito Toppings Cream of Wheat Pears Peaches Banana/Grapefruit Cantaloupe Scones Granola & Cereals Breads & Spreads	Breakfast Pancakes Syrup Strawberry Sauce Apple Sauce Tater Tot Casserole Peaches Strawberries Banana/Grapefruit Pineapple Poppy Seed Muffins Granola & Cereals Breads & Spreads	Breakfast Egg Puff Tater Tots Scrambled Tofu Oatmeal Peaches Banana/Grapefruit Grapes Vanilla Yogurt Cinnamon Rolls Granola & Cereals Breads & Spreads	Breakfast Waffles Strawberry Sauce Syrup Applesauce Whipped Topping Boiled Eggs Cream of Rice Pears Strawberries Strawberry- Rhubarb Muffins Granola & Cereals Breads & Spreads
	Lunch Swedish Meatballs Rice Pilaf Whole Green Beans Wheat Rolls American Salad Bar Apple Berry Crisp Breads & Spreads Apples/Oranges	Lunch Pasta Bar Breaded Ravioli Spaghetti Noodles Marinara & Alfredo Sautéed Veggies Breadsticks Italian Salad Bar Carrot Cake Breads & Spreads Apples/Oranges	Lunch Burger Loaf Oven Roasted Potatoes Peas & Carrots Steamed Cabbage Wheat Rolls Salad Bar Fruit of the Forrest/ Apple Pie Breads & Spreads Apples/Oranges	Lunch Mushroom "Beef"- Stroganoff/Rice Vegan Stroganoff Noodles Zucchini Fresh Tomatoes Wheat Rolls Salad Bar Strawberry- Short Cake Breads & Spreads Apples/Oranges	Lunch Scallops Tarter Sauce Mashed Potatoes Whole Green Beans Italian White Rolls American Salad Bar Breads & Spreads Apples/Oranges	Lunch Lasagna Eggplant Parmesan Spaghetti Sauce Broccoli Garlic Bread Italian Salad Bar Choc Carrot Cake Breads & Spreads Apples/Oranges	<p>All meals are Vegetarian, Vegan options at each meal.</p> <p>Menu listed includes the main course items. Juice, milk, fruit, salads, homemade breads, jam, jelly, peanut butter, margarine and other items are available at most meal times. Breakfast always includes an assortment of fruits and dry cereals. Gluten Free Muffin is available at breakfast and GF toast at dinner upon request. Remember, the Country Fair & Rodeo meals and Ice Cream Mountain are included with your activity fee.</p> <p>Menu subject to change due to product availability.</p>
Supper Haystacks Fresh Pinto Beans Tortilla & Corn Chips Lettuce, onion, Olives, Chees, Sour cream, Salsa, tomatoes, Jalapeno, guacamole Brownies Bread & spreads Apples/Oranges	Supper Baked Potato Bar Chili Nacho Cheese Brown Gravy Broccoli Green Onion Baco bits, Cheese Cottage Cheese Ranch, Peas Curly Fries Salad Bar Apple Turnovers Breads & Spreads Apples/Oranges	Supper Taco Tuesday Flour Tortillas Tostadas Taco "meat" Beans/Rice Lettuce/Cheese Tomatoes/Onions Olives/Sour Cream Salsa/Jalapenos Salad Bar Strawberry Ice- cream Pie Breads & Spreads Apples/Oranges	Supper Hot Dogs, Chili Corn on the Cob Nachos Potato Salad Watermelon Popcorn Cotton Candy Snow Cones Breads & Spreads Apples/Oranges	Supper Pizzas Cheese, Pesto, Chicken Ranch, Combo, Olive, Pineapple, Vegan Italian Salad Bar Churros Breads & Spreads Apples/Oranges	Supper Minestrone Soup Potato Soup Cornbread Apple Butter Sprouted Wheat Bread FriChik Spread Egg Salad Sandwich Fixings Cottage Cheese Pineapple Frozen Fruit Salad Breads & Spreads Apples/Oranges	Supper Grillers Chicken Patties Buns Chips Baked Beans Tomato & Cuc Salad Burger Fixings Fries Carrots/Celery Watermelon Root Beer Floats Breads & Spreads Apples/Oranges	

